

## Media Exposure Visit to Darechowk VDC

15 July, 2010

Darechowk VDC, Chitwan District

### Media Report



Submitted to



Submitted by



## **Media Exposure Visit to Darechowk VDC**

Environment and Public Health Organization and Guthi jointly organized a media exposure visit to Darechowk VDC, Chitwan District on 15 July, 2010 to observe the sanitation activities being implemented in the area and participate in Open Defecation Free zone declaration programme in Darechowk.

There were eight journalists from different media in the visiting team. The team began their visit from EcoSan Resource Centre, established by The SEWA Nepal with support of ENPHO in Darechowk. The resource centre has been established to promote EcoSan Toilet in the village with the aim to develop Darechowk a model EcoSan Village of Nepal.

At the resource centre, the journalists were brief about the resource centre by Shreerendra Pokharel, coordinator at EcoSan Resource Centre. The journalists noticed an innovative initiative undertaken by the resource centre to promote use of urine. The visitors are paid one rupees for each pee at the centre for their urine contribution. Besides, the villagers are provided an EcoSan pan along with pipe as a support to construct toilet at their house.

The team after collecting information visited to some households in the village to observe the toilet use and collect the villagers' perspective on EcoSan toilet.

Then, the team participated at the Open Defecation Free zone declaration programme organized by Darechowk VDC.

Based on the information collected during the visit, the newspaper journalists published the news and features on their related newspapers. Similarly, the news was also dissemination through television channel.

## **MEDIA COVERAGE**

Guthi invited journalist for Darechowk Exposure Visit by circulating the invitation letter. The invitation was forwarded to the media through fax and email group. Some journalists were also invited by contacting personally.

There were 8 journalists in the visiting team: 2 television reporter, 2 radio reporter and 4 newspaper reporters.

Following the visit, the journalists published news and feature stories on their related newspapers. Apart from it, GUTHI also developed a feature story about Darechowk sanitation activities, which was published in The Rising Nepal.

The news was also uploaded on different websites particularly [www.urbwatsan.org.np](http://www.urbwatsan.org.np) and [www.guthi.net](http://www.guthi.net).

The news report of the Darechowk sanitation activities and Darechowk ODF declaration programme was also telecasted on Kantipur Television in a special programme 'Kantpur Aaja' on 16 July, 2010. Likewise, the news report was also disseminated through Radio Sagarmatha.

### **List of newspapers that covered the news of the declaration programme, and dissemination workshop**

<b>S.N.</b>	<b>Name of Newspaper</b>	<b>17<sup>th</sup> July</b>	<b>22<sup>th</sup> July</b>	<b>24<sup>th</sup> July</b>	<b>Remarks</b>
1.	Gorkhapatra Daily	Y			
1	The Rising Nepal		Y/Y		The news was published on the basis of story developed by Guthi
2	The Kathmandu Post			Y	

This media report contains the follow:

1. Press Invitation
2. Feature Story developed by Guthi
3. Newspaper Clips Documentation
4. Television Clip Documentation
5. Photographs
  - i. EcoSan Resource Centre
  - ii. Household Visits
  - iii. Open Defecation Free Declaration Programme

## PRESS INVITATION

मिति: १३ जुलाई, २०१०

श्री सम्पादकज्यू,

बिषय: समाचार संकलनका लागि निमन्त्रणा

### दारेचोक समुदाय खुल्ला दिसा मुक्त क्षेत्र घोषणा कार्यक्रम

नेपाल सरकारले सन् २०१७ सम्ममा सम्पूर्ण नेपालीहरूलाई सरसफाई सुविधा प्रदान गर्ने लक्ष्य लिई देशव्यापीरूपमा शौचालय सुविधा विस्तार कार्य अगाडि बढाउँदै आएको छ ।

यही क्रममा चितवनको दारेचोक गाबिस पनि आगामी असार ३१ गते, बिहीबार खुल्ला दिसा मुक्त गाबिस घोषणा गरिने भएको छ । करीब १६०० घरधुरी रहेको उक्त क्षेत्रका स्थानीय जनता बिगतका दिनहरूमा शौचालयको अभावका कारण खुल्ला दिसापिसाब गर्न बाध्य थिए । हाल प्रत्येक घरधुरीमा शौचालय निर्माण भै सकेका छन् । कृषि पेशामा संलग्न जनताको बाहुल्यता रहेको उक्त गाबिसमा ६०० घरधुरीमा मल चर्पी निर्माण गरिएका छन् । यसै गरी वातावरणीय सुधार तथा कृषिमा जैविकमलको रूपमा मानवमूत्रको प्रयोगमा बृद्धि गर्न '१ लिटर पिसाब दिनुस्, १ रुपैया लिनुस्' भन्ने नाराका आत्मसाथ गरेको छ ।

दारेचोक खुल्ला दिसा मुक्त क्षेत्र घोषणा कार्यक्रममा सहभागि हुनु भइ समाचार संकलन गरिनेदिनु हुन विनम्र अनुरोध गर्दछौं ।

कार्यक्रम : दारेचोक खुल्ला दिसा मुक्त क्षेत्र घोषणा कार्यक्रम

मिति : २०६७ असार ३१ गते, बिहीबार (१६ जुलाई, २०१०)

भेला हुने समय : बिहान ७ बजे ( दारेचोक प्रस्थानका लागि)

भेला हुने स्थान : त्रिपुरेश्वर, काठमाडौं

सम्पर्कका लागि : भुषण तुलाधर, वातावरण तथा जनस्वास्थ्य संस्था, ९८५१०-१७१८९

सगुन बज्राचार्य, गुथि, ९८४१-२५०१६१

(नोट: काठमाडौंबाट कार्यक्रमस्थल जानका लागि गाडीको व्यवस्था गरिएको छ । सहभागिताका लागि ईच्छुक पत्रकारहरूले २०६७ असार ३० गते, बुधबार बिहान १२:०० सम्ममा नाम दर्ता गराई आफ्नो स्थान सुरक्षित बनाउनु हुन विनम्र अनुरोध गर्दछौं ।)

## **FEATURE STORY DEVELOPED BY GUTHI**

### **Darechowk VDC dreaming for recognizing as EcoSan Village**

Meena Pokharel, a local woman of Darechowk-7, Chitwan District has increased the yield of vegetable production by applying urine in her cultivars. She has been sprinkling her crops with diluted urine solution for last five months.

According to her, she learnt about the use of urine from a training programme organized in Darechowk VDC few months ago. She was not familiar to the nutritive value of urine before that training.

Nowadays, anyone visiting to her place can see more than 100 urine-filled bottles scattered near her toilet. She collects and stores urine for 7/8 days before applying it on the crops. The stored urine is diluted by adding water- three times the volume of urine.

She is satisfied from this practice because it has increased agricultural productivity and helped her reducing the expenditure, which she would have to spend on buying chemical fertilizer.

Pokharel is not the only woman in her community, who is practicing this. Urine is collected and applied on cultivars as manure at all the households in her community. An EcoSan Resource Centre has been recently established in their community, which has also motivated them in doing so.

The resource centre pays one rupees for a pee, which has made us enthusiastic to learn and understand the value of urine- Pokharel said.

#### **EcoSan Resource Centre**

The EcoSan Resource Centre was established by a local organization The SEWA Nepal with support of Environment and Public Health Organization (ENPHO) with the purpose to promote EcoSan toilet in Darechowk VDC.

The resource centre has aimed to establish Darechowk as the first EcoSan village of Nepal, said Shreerendra Pokharel, coordinator at EcoSan Resource Centre. It also provides training on EcoSan toilet and its uses to the villagers.

To facilitate the visitors in learning about EcoSan toilet, the models of different types of EcoSan toilets have been demonstrated at the centre. The informative wall posters and other materials have been displayed to provide additional information.

The resource centre has also put a notice to 'Take a Pee and Get One Rupee' to introduce and sensitize people to the value of urine, and motivate them for utilizing it.

#### **Darechowk and EcoSan Toilet Coverage**

Darechowk VDC is one among 36 VDCs of Chitwan district. According to the report released from Darechowk VDC, there are 1656 households with total population 10,712 in the village. Among them, 203 households are ultra poor and 216 are under poverty line. Besides, there are 19 public and 4 private schools in the village.

Secretary at Darechowk VDC Nil Kantha Lamichhane claimed that all the households in the village have their own private toilets. He added that the VDC has provided 2 bags of cements to the villagers for toilet construction. Similarly, the SEWA Nepal is providing an EcoSan toilet pan and a pipe to motivate them to construct EcoSan toilet.

He further shared that 717 households have constructed EcoSan toilet at their home where as

remaining are using pit and other type of latrines. According to him, other households in the village are also making their mind to replace their existing toilets with EcoSan.

The VDC has targeted to establish Darechowk VDC as the first EcoSan Village of the country by constructing EcoSan toilet at all households.

### **18th Open Defecation Free VDC in Chitwan District**

In Darechowk VDC, all the households have access to toilet facility. Every inhabitant in the village uses toilets every day instead of going to open field as before. It has improved the environmental condition in the village.

This VDC was declared Open Defecation Free zone on 15 July, 2010. After this declaration, number of ODF village has reached to 18 in Chitwan District.

The government of Nepal has targeted to declare Chitwan as the first ODF district of Nepal. It has been implementing various programmes in the district with support from various organizations including UNICEF Nepal, WHO, Department of Water Supply and Sewerage, and ENPHO to achieve this target.

Sharing the achievements about sanitation improvement activities, Coordinator of Sanitation Model District Madan Mall told that they have been promoting 9 different types of toilets in Chitwan. He further informed that the district is progressing in sanitation. Currently, the sanitation coverage in Chitwan district is 92 percent.

There are 378 community based schools in Chitwan, among them 239 schools have already been declared ODF. Similarly, 72 among 98 thousand households in the district are ODF.

These activities implemented so far in Chitwan have not only sensitized the district people, influence of it can be noticed in other adjoining districts as well. Gorkha, Tanahun, Dhading and Makwanpur districts have already initiated implementing activities to declare ODF district, too.

Title: Take a pee, get one rupee

## एकपटक पिसाब फेर्नुस्, एक रूपियाँ लिनुस्

भैरवराज वेन्नासे

चितवन, असार ३२ गते । पिसाब गर्नुहोस्, एक रूपियाँ लानुहोस्' भन्ने तुलो साइनबोर्ड टाँकेमा भुइँयाइएको छ । टोकावाट पिसाब फेर्न भित्र पर्ने र फेरिसकेपछि बाहिरिनेको लको छ । व्यस्त सहरको बीचको सार्वजनिक शौचालयमा तीन रूपियाँसम्म तिरेर पिसाब फेर्न टाँकिने दृश्य तपाईंलाई चितवनको दारिद्र्यको दार्ढ्यता भने आश्चर्य लाग्नसक्छ ।

जति धेरैपटक पिसाब लाग्यो, त्यति कमाइ गर्नसक्ने अनौठो विषयसँग त्यहाँ तपाईंको साक्षात्कार हुन्छ । दैनिक घरायसी प्रयोजनबाट निस्कने फोहरदेखि दिसापिसाबलाई समेत दारिद्र्यको स्थानीयवासीले मरुप उपयोग गरेर देखाएका छन् । केही समयअघिसम्म खुला स्थानमा दिसापिसाब गर्ने सो स्थानका चासिन्दा अहिले वातावरणीय रूपमा समेत उपयोगी इकोसान (मलचपी) शौचालयको प्रयोग गर्न थालेका छन् ।

उक्त गाविसमा एक हजार ६५६ घरधुरी छन् भने सबैको घरमा साधारण चर्पी रहेको छ । तीमध्ये पनि ७१७ घरधुरीले इकोसान शौचालयको प्रयोग गर्न थालेका छन् । घरघरमा रहेका शौचालयमा दयाक्षकीमार्फत पिसाब सङ्कलन गर्ने लहर नै चल्योको छ ।

यसको रमाइलो पक्ष के छ भने त्यहाँका किसानले हाल उच्च खेतीका लागि युरिया मलको

विकल्पमा र कौटनासक जैविक बिषादीका रूपमा समेत यही सङ्कलित पिसाबलाई प्रयोगमा ल्याएका छन् । बसेनि खेतीका लागि हजारौं रूपियाँ खर्चिने किसानलाई अहिले युरिया मल स्वरित गर्ने टण्टे समाप्त भएको छ ।

पहिले शौचालय प्रयोग नगर्ने चेपाङ तथा आदिवासीको बाहुल्यता रहेको सो गाविसमा शौचालय प्रयोग गर्ने मानिसहरू कम थिए तर अहिले भने मानिसमा चेतना आएका कारण शौचालयमा नै दिसापिसाब गर्ने गरेको इकोसान स्रोत केन्द्रका संयोजक श्रीरन्द पोख्रेल बताउनुहुन्छ ।

सोही अनुरूप जिल्लाका विभिन्न गाविसहरूलाई खुला दिसापिसाब मुक्त क्षेत्र घोषणा गर्ने लहर नै चलेको छ । यसको फलस्वरूप दारिद्र्यको गाविसलाई पनि खुला दिसापिसाब मुक्त क्षेत्र घोषणा गरिएको छ ।

५८ हजार घरधुरी रहेको जिल्लामा ७२ हजार घरधुरीले आफ्नो क्षेत्रलाई खुला दिसापिसाब मुक्त क्षेत्र घोषणा गरिसकेकाले अबको योजना चितवन जिल्लालाई सरसफाइको क्षेत्रमा नेपालकै नमूना जिल्लाका रूपमा परिचित गराउने रहेको संयोजक पोख्रेलले जानकारी दिनुभयो ।

यसका लागि जिल्ला विकास समिति तथा स्थानीय विभागको आर्थिक सहयोगमा एक घर एक शौचालयको अवधारणा ल्याइएकोमा जुन

सफल भइरहेको छ । जस अन्तर्गत न्यून आय भएका परिवारमा शौचालय निर्माणका लागि एक बांग सिमेन्ट र कमेन्ट दिने व्यवस्था गरिएको छ ।

सरसफाइको नमूना जिल्ला बनाउने योजना अनुरूप पहिलो चरणमा शौचालय प्रयोग गर्ने जनचेतना अभियानलाई व्यापक बनाइएको, जसको सफलतास्वरूप अहिले प्रत्येक घरमा शौचालय रहेको बताउँदै उहाँले दोस्रो चरणका रूपमा इकोसान शौचालयको जानकारी तथा प्रयोगका लागि विभिन्न कार्यक्रम गरिरहेको बताउनुभयो ।

यसका लागि जिल्लामा रहेको खानेपानी विभाग र वातावरण तथा जनस्वास्थ्य संस्था (एनको)ले सहयोग गरिरहेको छ । इकोसान शौचालयको प्रयोगसम्बन्धी जानकारी दिन सुरुआतस्वरूप इकोसान स्रोत केन्द्रमा नै 'पिसाब गर्नुहोस्, एक रूपियाँ लानुहोस्' कार्यक्रम सञ्चालन गरिएको हो । जहाँ दैनिक ५० जनाभन्दा बढी मानिस सो शौचालयको प्रयोग गर्न आउने गरेका छन् तर शौचालय प्रयोगपछि धेरैले राम्रो काम गर्नुभएको रहेछ भन्दै पैसा लानुको सट्टा उल्टो पैसा हालेर जाने गरेको पनि संयोजक पोख्रेलको भनाइ छ ।

शौचालयवारे व्यापक जानकारी दिन स्रोत केन्द्रमा नै विभिन्न वडाका मानिसलाई तालिमसमेत दिने गरिएको संयोजक पोख्रेल बताउनुहुन्छ । यसको फलस्वरूप चितवनमा मात्र नभई चितवनको छिमेकी जिल्लाहरू मकवानपुर, धादिङ,

गोर्खा तथा तनहुँमा समेत इकोसान शौचालयको प्रयोगका लागि यहाँ तालिम लिन तथा हेर्न आउने गरेका छन् ।

चितवनलाई खुला दिसापिसाब मुक्त क्षेत्र बनाउन सडक किनारामा १०/१० किमीमिटरको फरकमा सार्वजनिक शौचालयको व्यवस्था गर्ने र त्यसबाट उत्पन्न फोहोरलाई सडक किनारामै लगाइएको भुईँकटर र कंगको घोटमा हाल्ने गरिएको छ । यसबाट फोहोरको व्यवस्थापन पनि हुने र फलफूलको बोटका लागि मल तथा कौटनासक बिषादीको प्रयोगका रूपमा समेत आउने हुनाले यस्तो व्यवस्था गर्न लागेको उहाँले जानकारी दिनुभयो ।

दारिद्र्यको समुदाय खुला दिसा मुक्त क्षेत्र घोषणा कार्यक्रम नेपाल सरकारले सन् २०१७ सम्ममा सम्पूर्ण नेपालीलाई सरसफाइ सुविधा प्रदान गर्ने लक्ष्य लिई देशव्यापी रूपमा शौचालय सुविधा विस्तार कार्य अगाडि वढाउँदै आएको छ ।

यही क्रममा चितवनको दारिद्र्यको गाविस पनि बिहीबार खुला दिसामुक्त गाविस घोषणा गरिएको हो । जिल्ला स्थानीय तथा सरसफाइ डिभिजन कार्यालय चितवनका प्रमुख हरिकृष्ण पौडेलले एक समारोहका बीच खुला दिसामुक्त गाविस घोषणा गर्नुभएको थियो । घोषणासभामा स्थानीय जनप्रतिनिधि, समाजसेवी र दुई जीवीको उपस्थिति रहेको थियो ।



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# Urine solution proves useful

**By A Staff Reporter**

Chitwan, July 21

Meena Pokharel, a local woman of Darechowk-7, Chitwan District has increased the yield of her vegetable production by applying urine solution in her cultivars.

She has been sprinkling her crops with diluted urine solution for last five months. According to her, she learnt about the use of urine from a training programme that was organised in her VDC about few months ago.

She was not that familiar to the nutritive value of urine before that training, she said.

These days, anyone visiting to her place can see more than 100 urine-filled bottles scattered near her toilet.

She informed that she collects and stores urine for 7/8 days before applying it on the crops. The stored urine is diluted by adding water- three times the volume of urine, she added.

She is more satisfied from this practice because it has increased agricultural productivity and helped her reducing the expenditure, which she would have to spend on buying chemical fertiliser.

Pokharel is not the only woman in her community, who is practicing the method. Urine is collected and applied on cultivars as manure at all households in her community.

An EcoSan Resource Centre has been recently established in their community, which has also motivated them in practicing such an effective method to increase agricultural productivity.

The resource centre pays one rupees for a pee, which has made the people here enthusiastic to learn and understand the value of urine- Pokharel said.

The EcoSan Resource Centre was established by a local organisation The

SEWA Nepal with support of Environment and Public Health Organisation (ENPHO) with the purpose to promote EcoSan toilet in Darechowk VDC.

The resource centre has aimed to establish Darechowk as the first EcoSan village of Nepal, said Shreerendra Pokharel, coordinator at EcoSan Resource Centre.

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Various informative wall posters and other materials have been displayed to provide additional information to the villagers.

The resource centre has also put a notice to 'Take a Pee and Get One Rupee' to introduce and sensitise people to the value of urine, and motivate them for utilising it.



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## Darechowk ODF village in Chitwan

By A Staff Reporter  
Chitwan, July 21

Darechowk VDC of Chitwan has recently been declared as free open defecation zone (ODF).

In the VDC, all the households have access to the toilet facility. Every inhabitant in the village uses toilets every day instead of going to the open field for relieving them as before.

It has improved the environment and sanitation of the village. After the declaration, number of ODF village has reached to 18 in Chitwan District.

Sagun Bajracharya of GUTHI Nepal informed that the government of Nepal has targeted to declare Chitwan as the first ODF district of Nepal.

It has been implementing various programmes in the district with support from various organisations including UNICEF Nepal, WHO, Department of Water Supply and Sewerage, and ENPHO to achieve this target.

Sharing the achievements about sanitation improvement activities, Coordinator of Sanitation Model District Madan Malla told that they have been promoting nine different categories of toilets in Chitwan.

He further informed that the district is progressing in sanitation. Currently, the sanitation coverage in Chitwan district is 92 percent.

According to the report released from Darechowk VDC, there are 1656 households with

a total population 10,712 in the village.

Among them, 203 households are ultra poor and 216 are under poverty line. Besides, there are 19 public and 4 private schools in the village.

There are 378 community based schools in Chitwan, among them 239 schools have already been declared ODF. Similarly, 72 among 98 thousand households in the district are ODF.

Secretary at Darechowk VDC Nil Kantha Lamichhane claimed that all the households in the village have their own private toilets.

He added that the VDC has provided 2 bags of cements to the villagers for toilet construction. Similarly, the SEWA Nepal is

providing an EcoSan toilet pan and a pipe to motivate them to construct EcoSan toilet.

He further shared that 717 households have constructed EcoSan toilet at their home whereas remaining are using pit and other type of latrines. According to him, other households in the village are also making their mind to replace their existing toilets with EcoSan.

The VDC has targeted to establish Darechowk VDC as the first EcoSan Village of the country by constructing EcoSan toilet at all households.

These activities implemented so far in Chitwan have not only made conscious to the people of the district but its influence can be noticed in other adjoining districts as well.



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SATURDAY, JULY 24, 2010

THE KATHMANDU POST on saturday 10

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Visitors to Darechowk VDC can no longer see anyone defecating in the open

**UJJWAL PRADHAN**

**T**ake a Pee & Get One Rupee. If you have travelled on the Prithvi Highway last year, you must have noticed this seemingly-ridiculous slogan in Darechowk, near Kurintar. Of course, if you have used public toilets before, then you may be more used to paying a rupee to urinate. Instead, members of The

human manure for the past year and is quite impressed with the results. "After I started using urine as fertilizer, the yield has been very good and the vegetables taste better too," she says. Did it ever feel disgusting? "It did in the beginning. But once I started reaping the benefits, I realized the value of our own waste."

This revolutionary ecological movement is spearheaded by the VDC officials themselves. The



**A toilet revolution**

This Chitwan VDC proves how collective efforts can change the way Nepal lives

Sewa Nepal, a local NGO, pay anyone a rupee if he or she uses their toilet. And no, they are not joking.

"Previously, people used to mock us but now they have realised the message we are trying to convey: Urine is a valuable asset," says Srirendra Shrestha, founder and coordinator of the NGO. Thus, what the NGO does is collect the urine and convert it to fertilizers for the villagers around. A pretty unique business idea, but there's more to this than just that.

The NGO, which is involved in environmental conservation and community sanitation, has actively pursued to make Darechowk a model Village Development Committee (VDC). The group's efforts finally became successful when Darechowk was declared the 18th Open Defecation Free (ODF) VDC in Chitwan a week ago—thus paving the way for a cleaner, sanitised village.

The ODF movement in Nepal has been supported by the Department of Water Supply and Sewerage (DWSS) in coordination with World Health Organisation, UNICEF and NGOs like Environment and Public Health Organisation. The Sewa Nepal has been the local partner of the movement, providing toilet pans and pipes to individual households in Darechowk. Locals say this is a sanitation movement led by the common people. Thus, among the 1,656 households in the VDC, more than half have a proper toilet. Further, around 770 houses have built an EcoSan (short for ecological sanitation) toilet, the most preferred type as it can collect human waste that can be used as fertiliser.

In an EcoSan toilet, there are separate compartments for urine and faeces. This separation prevents infection since urine is comparatively sterile and devoid of pathogens while the faeces carry all the germs. Collecting them differently helps treat the faeces separately—simply done by leaving it to decompose in an improvised septic tank for about two years. Human excreta treated with the passage of time are then used in the fields as manure. A new type of organic revolution is underway here.

Mina Pokharel has been using VDC allocated part of its annual budget to support the movement by providing two sacks of cement to each household with additional monetary support for poor families. "We spent about Rs. 1 million on this movement," says VDC secretary Nilkantha Lamichhane. "Declaring the VDC an ODF village has immensely boosted the morale of villagers. We hope to have proper toilets in all the households by the end of this year."

Teachers have played a central role in this movement, which took its current shape after DWSS conducted a School-Led Total Sanitation project in 2006 in the district. The programme stressed on teaching sanitation habits in schools and also held discussions and sanitation awareness campaigns, besides training teachers on the use of various types of toilets. The programme was largely successful; since then 378 community schools and 239 public and private schools in the district have been declared ODF schools. The excitement associated with this movement has spilled over to adjoining VDCs of neighbouring districts as well. Villagers from Makwanpur, Gorkha and Dhading are trying to follow the Darechowk model and implement the programme in earnest. However, no municipality has yet been declared ODF in Nepal.

In a country where only 27 percent of the population has access to sanitation, this model is proving to be one of the few shining lights. Districts like Jajarkot and Rukum saw the deaths of hundreds last year due to diarrhoea, a disease that could have been prevented had this model been implemented there.

The ODF model is not only important for health reasons. There are important sociological impacts that having a private toilet has had in Darechowk.

Ask Sadhana Adhikari, for instance. The 15-year-old student says a toilet is the best thing to have happened to her. "I don't have to suffer any more embarrassments during my periods. The toilet offers me privacy and it's easier to remain clean during that time."

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## Darechok VDC dreaming for recognizing as EcoSan Village

Posted by Administrator  
Tuesday, 20 July 2010

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Meena Pokharel, a local woman of Darechok-7, Chitwan District has increased the yield of vegetable production by applying urine in her cultivars. She has been sprinkling her crops with diluted urine solution for last five months. According to her, she learnt about the use of urine from a training programme organized in Darechok VDC few months ago. She was not familiar to the nutritive value of urine before that training.

Nowadays, anyone visiting to her place can see more than 100 urine-filled bottles scattered near her toilet. She collects and stores urine for 7/8 days before applying it on the crops. The stored urine is diluted by adding water- three times the volume of urine.



She is satisfied from this practice because it has increased agricultural productivity and helped her reducing the expenditure, which she would have to spend on buying chemical fertilizer.

Pokharel is not the only woman in her community, who is practicing this. Urine is collected and applied on cultivars as manure at all the households in her community. An EcoSan Resource Centre has been recently established in their community, which has also motivated them in doing so.

The resource centre pays one rupees for a pee, which has made us enthusiastic to learn and understand the value of urine- Pokharel said.



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The resource centre has aimed to establish Darechok as the first EcoSan village of Nepal, said Shreerendra Pokharel, coordinator at EcoSan Resource Centre. It also provides training on EcoSan toilet and its uses to the villagers.

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### Darechok and EcoSan Toilet Coverage

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Sharing the achievements about sanitation improvement activities, Coordinator of Sanitation Model District Madan Mall told that they have been promoting 9 different types of toilets in Chitwan. He further informed that the district is progressing in sanitation. Currently, the sanitation coverage in Chitwan district is 92 percent.

There are 378 community based schools in Chitwan, among them 239 schools have already been declared ODF. Similarly, 72 among 98 thousand households in the district are ODF. These activities implemented so far in Chitwan have not only sensitized the district people, influence of it can be noticed in other adjoining districts as well. Gorkha, Tanahun, Dhading and Makwanpur districts have already initiated implementing activities to declare ODF district, too.

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Posted by Administrator  
Monday, 19 July 2010



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### i. EcoSan Resource Centre



### iii. Household Visits





iii. Open Defecation Free Declaration Programme

