

Investigating the Management of Incontinence in the
Disabled Community and their Caregivers in Pakistan
Zara Ansari



LONDON
SCHOOL of
HYGIENE
& TROPICAL
MEDICINE



3

- Methods used
- In-depth Interviews
 - Photovoice
 - Examination of Physical Artifacts

20

In-depth interviews conducted

7

Districts visited

18

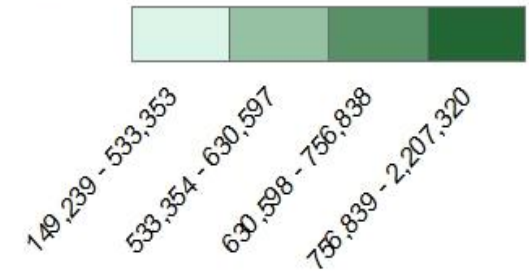
Market Survey's conducted



Map of Sindh

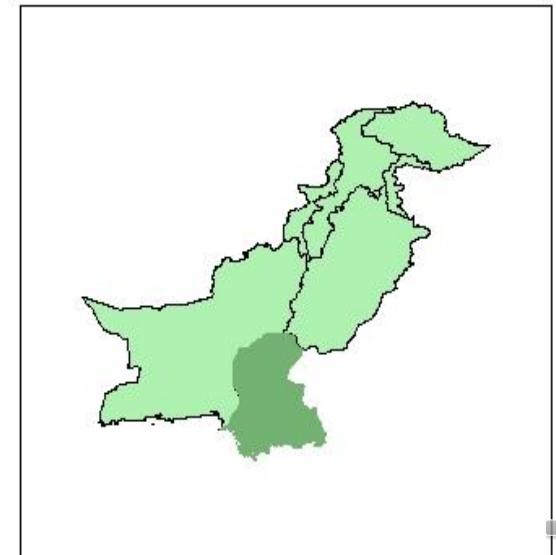
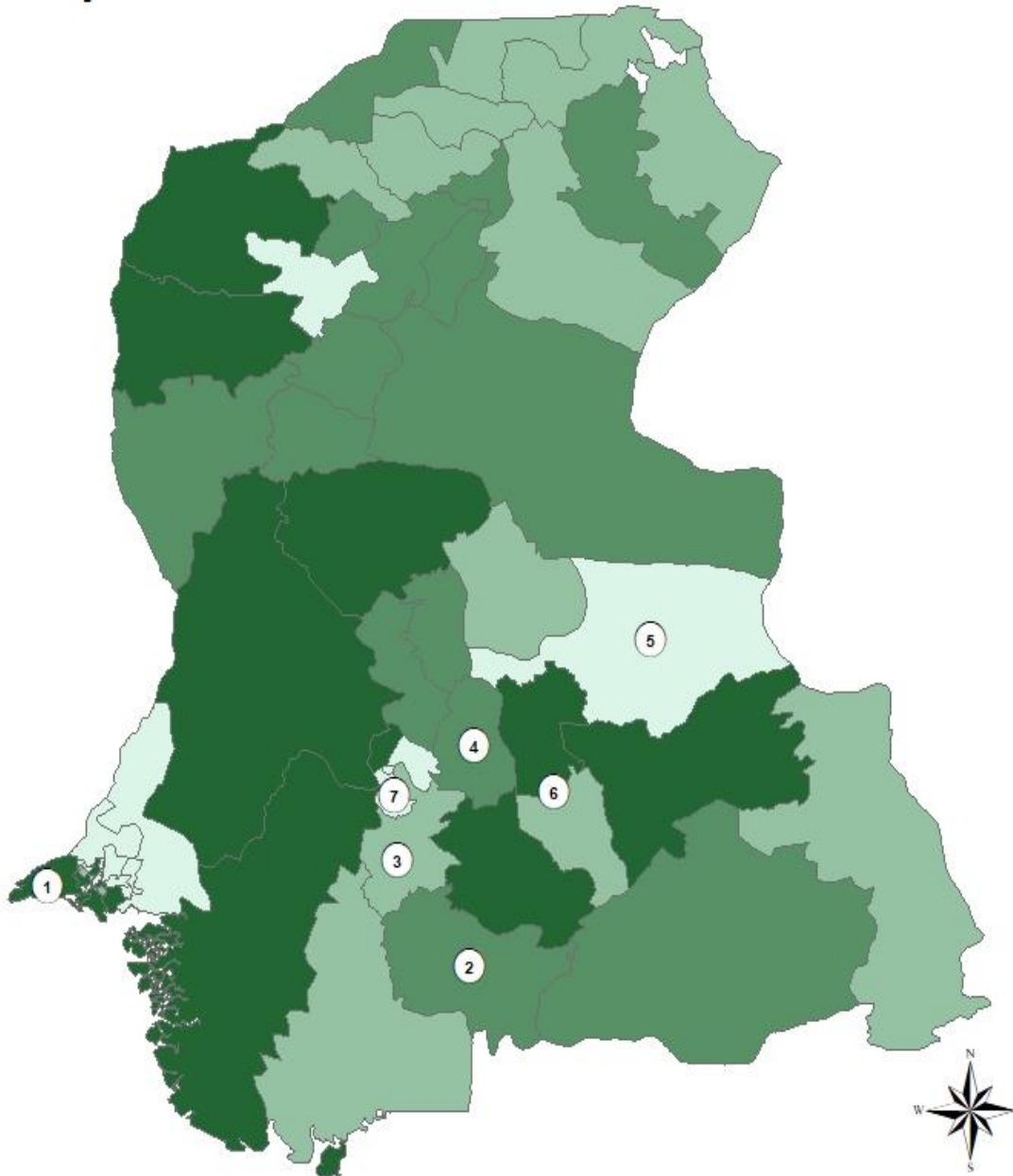
Legend

Population / none



Districts Visited

- 1: Karachi
- 2: Badin
- 3: Tando Muhammad Khan
- 4: Tando Allahyar
- 5: Sanghar
- 6: Mirphurkhas
- 7: Hyderabad



Management of Incontinence in Relations to Daily Life





Sense of Responsibility





Role of Routine



Social, Health and Economic impact of Incontinence



Constant Watchfulness



Isolation and Stigma



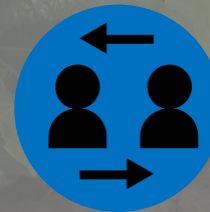
Reducing Food Intake



No more money



Development of Caregiver Ailments



Role Change





Role Change





Development of Caregiver Ailments





Constant Watchfulness





Product Use:
Acceptability, Accessibility and Affordability





Diapers are not the Solution





We only need Soap and Water



Recommendations





Innovative Diaper Use





Empowerment



For any questions – please feel free to contact me at zara.ansari1@gmail.com

Writing:

<https://www.thefieldreviewer.com/single-post/2017/10/22/Sitting-Across-the-Charpai-incontinence-amongst-the-ultra-poor>

