



# Orientation for ToRs

## TOTS IN SCHOOLS

### Background on project

Sanitation for Millions is a global programme improving access to safe sanitation and hygiene with a focus on vulnerable and disadvantaged groups. More than two million people have already benefitted directly from the project's measures. Sanitation for Millions builds female-friendly and inclusive sanitary facilities at schools, healthcare facilities, and faith-based institutions, trains local professionals to operate and maintain them, and promotes safe hygiene practices through targeted campaigns and knowledge transfer.

Sanitation for Millions was commissioned by the German Federal Ministry of Economic Cooperation and Development (BMZ) in 2016. With the BMZ as the lead donor, Sanitation for Millions has received additional funding from the Bill & Melinda Gates Foundation, Water Unite, the Ministry of Foreign Affairs and Trade of Hungary, the Inter-American Development Bank, and share GmbH. The Deutsche Gesellschaft für Internationale Zusammenarbeit (GIZ) GmbH executes the global programme in close cooperation with local partners in Colombia, Jordan, Pakistan, and Uganda.

Menstruation is a natural fact of life and a monthly occurrence for billions of girls and women. Yet millions of girls and women across the world are denied the right to manage their menstrual cycle on a dignified, safe, and healthy way. To effectively and safely manage their menstruation, girls and women require access to water, sanitation and hygiene (WASH) facilities, affordable and appropriate menstrual hygiene materials, information on good practices, and a supportive environment where they can manage menstruation without embarrassment or stigma. Sanitation for Millions' awareness activities on MHM in public institutions (schools, health care facilities and faith-based institutions) contribute to providing access to precise information on MHM, to building capacities for staff at public institutions as well as parents and other persons of trusts and to enabling peer-to-peer support. All activities should also consider how to include male persons in order to increase male-allyship.

### MHM in Schools

In many communities schoolgirls face large barriers to safely manage their menstruation. Many schools do not have the necessary facilities, supplies, knowledge, and understanding to appropriately support girls during menstruation. This negatively impacts their education and ability to stay in school. Furthermore, schools often have inadequate water and sanitation available, making menstrual hygiene almost impossible to maintain, causing stress and embarrassment for female students. Thus, improving not only facilities but as well knowledge on menstrual hygiene management among schoolgirls is crucial in order to provide them with the skills to safely manage their menstruation, support them in their education as well as overcoming misconceptions and stigma.

### Objective of the consultancy

The objective of this assignment is to provide XXX teachers [*specify, if necessary*] with information on Menstrual Hygiene Management (MHM), to then enable them to function as multipliers to further raise awareness and provide information on MHM to women and girls in local communities and/or schools.

## Tasks

Under this assignment, the individual consultant/firm responsible to:

1. Adapt training material that is provided by Sanitation for Millions [*in English and XXX language*]
2. Conduct a tailored training of Master Trainers with follow-on plans
3. Undertake pre- and post-assessments according to templates provided by Sanitation for Millions
4. Write a final report of all training events

## Main deliverables

The consultant is expected to deliver the following:

1. An inception report delineating the process of designing and executing Master training
2. Agenda, presentations, handouts, pre- and post-assessments, terms of engagement and other required tools for [XXX-days] training
3. Conduct XX trainings for XX participants each, incl. filled timesheets, attendance sheets for trainees, pre- and post-assessment forms and terms of engagement
4. Final report in MS Word format (including: Introduction, Methodology, Results, Recommendations, Daily photos, lessons learned and analysis of pre- and post-assessment questionnaires;) the report must be approved by Sanitation for Millions team member.

## Duration of assignment

Period of assignment: From xx 2023 until xx 2023, with a total of xx working days

## Reporting

The consultant will report to XXX, Sanitation for Millions

## Qualifications/Competencies or Specialized Knowledge/Experience Required:

1. Bachelor or diploma degree in social sciences or public health, preference will be given to people with public health background
2. At least XX years of experience in conducting trainings, preferably in the field of WASH and/or MHM.
3. At least XX years of experience in developing training materials and pre- and post-assessment of trainings, preferably in the field of WASH and/or MHM.
4. Personal knowledge and/ or access to the project area and local language for communicating with the intended audiences

## Supportive documents provided by Sanitation for Millions

- Annex 1 - Guide for Menstrual Hygiene Management activities
- Annex 5 – Assessment forms Awareness Activities
- Annex 6 – Assessment forms ToTs
- Annex 7 – Terms of engagement ToTs